



American Youth Soccer Organization

12501 South Isis Ave. • Hawthorne, CA 90250 • (800)USA-AYSO • www.soccer.org

Neutral Players vs. Adding Numbers

Presented by

John Ouellette, AYSO National Coach

Every training session a coach conducts should replicate what his or her players will experience on game day. With the understanding that all teams must manipulate times, space and numbers in every match, the coach must ensure that training allows players to manipulate times, space and numbers.

When a coach uses “Neutral Player” activities in training it gives a false understanding that young players find difficult to use on game days.

This session is about how to truly give young players a true perspective on how they can manipulate time, space, and numbers.

Notes