

The Coach's Journey

A panel discussion featuring: Bill Beswick, Becky Burleigh, Howard Wilkinson, Stephanie Zonars and Bill Steffen; Moderator: Dr. Doug Williamson, NSCAA Assistant Director of Coaching Education and Development

Learning Objective: Coaches will listen to experienced coaches reflect on their respective journeys into, and through, coaching soccer and thereby gain insights into their own past experiences, present realities, and future possibilities in the coaching profession.

What are routes to coaching?

What stages of development do coaches go through?

How did you get started/interested in coaching?

Did playing have a significant role in your decision?

What is the best preparation for coaching?

Is there a best formal academic discipline for coaches?

What skills are necessary for successful coaching?

What skills do you use most often?

What are benefits/drawbacks to coaching?

What obstacles do coaches confront during their journey?

How are these overcome/avoided?

How do coaches maintain the energy and commitment to flourish as a coach?

How do coaches address stress and burnout?

What advice is best for novice coaches?

Did you have a mentor?

Did you have a role model coach?

What were the most valuable experiences to develop your coaching?

How can these be reproduced to assist new coaches?

