

“From the Camera, to the Laptop, to the Field: A Practical Use of the Latest Technology to Develop Quality Training Sessions.”

The purpose of this presentation is to examine the use of the latest technology available for gathering and analyzing player performance. I will apply modern methods of coaching to the information gathered using the software of *Interplay* and *S2S*. The identification of the problem, the solution, and the action plan are now in digital form for immediate or future use.

Collecting the Information

1. Video Camera
 - Position of camera
 - Skill of the operator
2. Analysis of the video
 - Organization of the information *Interplay Video Analysis System*
 - Real time or delayed analysis

Application of Analysis

1. Application of the Principles of Coaching to:
 - Identify the problem
 - Select a training solution
2. Present the analysis and solution to the players *S2S (Secrets of Soccer) Online Coaching*
3. Electronically catalog this information into your team/club curriculum for future use
 - Curriculum development and modification
 - Training solutions for common problems
 - Tactical plans: corner kicks, free kicks, pattern play, defensive strategies
 - Preseason
 - National tournament preparation

Practical Application Examples:

U16 Boy's Defensive Shape

U14 Girl's Offensive Patterns for the Final Third

<https://www.s2s.net/home.php>

<http://www.interplay-sports.com/index.asp>