

2010 NSCAA Convention Clinic Outline Book

Maarten Arts, UEFA A, Dutch Professional Goalkeeper Coach

Maarten Arts at the NSCAA convention.

Maarten Arts (UEFA A-licence) is one of the world's leading Goalkeeping Coaches.

He is the author of "the Soccer Goalkeeping Coach and maker of the two successful DVD's :

"Dutch Goalkeeping Drills, part 1 & 2.

At the convention he will present his 3th DVD: "Goalkeeping Complete!"

Arts worked with the best Goalkeepers in the world. His former goalkeeper at FC Utrecht, Michel Vorm is now playing in the Dutch National Team. Last year he worked a.o. in Russia (Spartak Moscow) and South Afrika (Ajax Cape Town)

Maarten Arts has developed a total new goalkeeping method in wich "attacking the ball", is the central technical theme. He also has different idea's about the positioning of the goalkeeper.

Maarten Arts works for Uhlsport and holds goalkeeping- and coaching clinics all over the world. He worked for the German and Austrian football-association and has an exclusive agreement with the Mexican football association.

As a coach he won the Dutch Cup (2x) and the Dutch Super Cup. He has his own company under www.progoal.nl.

Theorie-session 15/1 : Positioning how it is..... and how it should be.....

- Role/position of the goalkeeper at shots from outside the box
- Role/position of the goalkeeper at crosses
- Role/position of the goalkeeper at corners and free-kicks
- Role/position of the goalkeeper in 1 against 1-situations
- Presentation of new DVD

Practical session 15/1: "attacking the ball"

- Catching
- Falling/diving
- High balls
- 1 against 1