

# 2010 NSCAA Convention Clinic Outline Book

## Mike Dickey, US Club Soccer

### Technical/Tactical Transitional Play

Mike Dickey will conduct an advanced-players session that is also used to quickly prepare the U.S. U-14 and U-15 Girls' National Teams for competition when the players arrive into a National Team training camp.

The session will consist of four exercises, the first of which will emphasize passing, receiving, movement, angles and communication.

The following 5 vs. 2 transition-based exercise aims to maintain team composure and control while improving players' ability to recognize when to move the ball into a better space through the use of dribbling or passing.

Directional transition will be the theme of the third exercise, with a focus on good possession and transitioning when the defense is not organized.

The session will build to and conclude with a 7 vs. 7 game to goal with restrictions.

