

# **2010 NSCAA Convention Clinic Outline Book**

## **Phil Wright, Chairman of the Board, US Club Soccer**

### **Teaching Young People the Discipline and Skills to Manage Their Mind to Improve Training for Soccer and Life**

An overview of how PX2 training will help players ages 14-24 become accountable in all aspects of their lives, have heightened self-confidence and be self-motivated, goal- and end-results-oriented, highly engaged, open-minded and flexible, creative and have higher sensitivity to the behavior of other people.

The course explores the same concepts taught to business owners, upper management and high government and military officials and aims to help participants accomplish goals by understanding the way the mind works.

A trained facilitator of PX2, Wright's session will comprise three segments:

1. Brief discussion about principles and an overview of the entire 12-unit course
2. Research supporting validity of the course as a learning technique
3. Participants will experience one of the 12 interactive units of PX2

#### **ABOUT PX2:**

PX2 is based on the latest research in Cognitive Psychology and Social Learning Theory from some of the top universities (Stanford, University of Pennsylvania, University of Toronto) and authorities in these fields. TPI has operations in 62 countries on six continents with programs translated into 16 different languages. TPI clients include over 60 percent of Fortune 500 companies, all branches of the U.S. Military, education and social service agencies and amateur (U.S. Swim Team), collegiate (football teams from the University of Alabama and USC) and professional athletes.